

Alternative Therapies

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Acupuncture:

- What is Acupuncture?

Medical procedure which evaluates body organ systems and with treatment of specific points to harmonize/balance the body.

Body meridian (channel) systems are superficial and evaluate internal organ function

- Types of Acupuncture

Acupressure

Acupuncture (dry needles)

Aquapuncture (injection)

Hemopuncture (blood letting)

Electrostimulation

Moxibustion

Gold implants

Lacer

Herbal

-Combinations of various Acupuncture Types are utilized in most cases for treatment.

-Monitoring pulse, tongue character and body surface measurements identify treatment response.

Acupuncture Technique

1. Patient history/complaint
2. Western medical physical examination
3. Acupuncture assessment – meridian/channel point reactivity
 - Identify internal organs
 - Identify musculoskeletal
4. Treatment plan
 - Local points
 - Distal points
 - Master points – 3 front/3 hind
 - Association points
 - Based on Chinese Theory: What one factor resulted in the complaint?
 - 8 Principle questions:
 1. Interior vs. Exterior
 2. Hot vs. Cold
 3. Excess vs. Deficiency
 4. Yin vs Yang
5. Follow up assessment to identify treatment response.

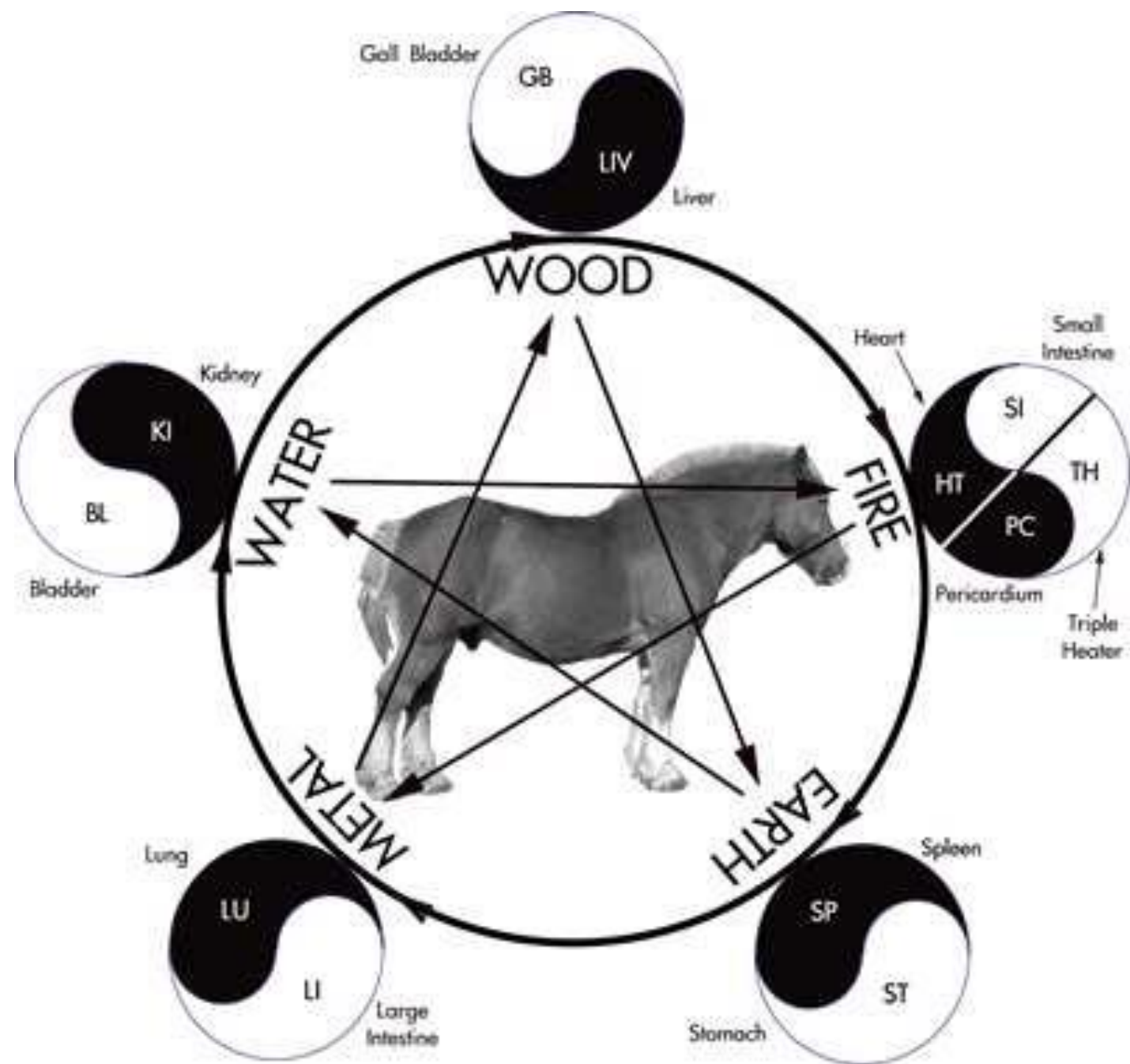
Terminology

1. Alternative therapy means something to still be chosen or decided
2. Traditional therapy – means acceptable practice, i.e. Western medicine
3. Eastern medicine is TCVM – Traditional Chinese Vet Medicine extrapolated from 3000 years of Chinese Human Medicine

4. <u>Western</u>	vs	<u>Eastern Medicine</u>
Pain Medicine		No drugs
Anti-inflammatory medication		Organ system evaluations
Joint injections		Limb mechanics
Radiographs		Immediate treatment
Laboratory reports		Natural anti-inflammatory Q1 and blood
Side effects/ adverse reactions		No Side effects
Withdrawal times		No withdrawal times

5. Q1 (Chee) – Life's energy
6. carried by blood and made up of Yin and Yang
7. Chinese Metaphor – Figure of speech which one object is like to another object.

<u>Yin</u>	vs	<u>Yang</u>
♀ / night		♂ / day
Chronic		Acute
Slow/weak		Quick on set
Degenerative		Inflammatory
Moist		Dry



Acupuncture Points

Reactive

Powerful

Ah Shi – painful points

Specific Points:

Bai Hai – hind end/ lumbosacral

Yan Chi – arthritis

Jing Ya – colic

Q1 Hai Shu – energy/ poor performance

Xuefu – blood/ovary

When is Acupuncture used?

- We all have used it – pressure applied to injury (local point)
- For me in Equine practice – every horse I examine, additional tool to utilize for whole body examination:
 - Musculoskeletal concerns – acute/ chronic
 - Poor performance
 - Injuries – eye/ EIPH/ Non sweater with heat stroke /lacerations
 - Post op healing
 - Race prep – balance body systems
 - Other:
 - GIT – colic/gastric ulcers
 - Ophthalmic conditions
 - Respiratory disease (upper– DDSP; lower – pneumonia/ EIPH)
 - Cardiovascular – laminitis
 - Dermatologic – hives, itching, sarcoid, wounds
 - Neurologic – behavior, EPM, facial paralysis
 - Dental – TMJ
 - Reproduction – cystic ovaries, mastitis
 - Cancer – sarcoid, melanoma
 - Geriatric – stable pony
 - Analgesia – to speed fracture healing

- Acupuncture expected results:
 1. IT DEPENDS on condition being treated
 - Acute vs Chronic
 - Reoccurring
 2. Peel the Onion – Chinese metaphor
 3. Majority of racehorses: Musculoskeletal problems
- What Acupuncture is Not!
 - Injection of talent
 - Short cut for medical problems
 - Fix all
 - Block pain
- Comments:
 - Training and Certification
 - Racing Commission
 - Examples
 - Heart 9



Owner: [Redacted]
Trainer: [Redacted]

B.g.5 Zarbyev-Ballbridge by Baliski
Bred in Louisiana by Foxwood Plantation, Ltd. (Apr 17, 2009)

30May14 2Lad	gd	17020	:4875	1:1336	1:4297	31	Acc 17500nw2/x-N	73	84	3	581	59	56	591	583	DK A	119	L	22.80	Too Dim 1181	Edgick 1213	Albano Heights 11871	no factor	5
09May14 4Lad	ft	17030	:4919	1:1451	1:4808	31	Clm 12500 (12.5-10)nw3/L52	74	1	410	513	55	11	123	DK A	121	FL	2.60	Fate's Right Hand 1214	Mr. Andrew 1191	Tio Honey 12171	Swd, kept to task	6	
12Apr14 1OP	ft	17050	:4781	1:1268	1:4533	31	Clm 10000 (10-7.5)nw3/L	15	81	2	716	716	717	615	6161	Totm K S	120	L	5.30	Sanny's Bay 1231	Jerry N Duke 1234	Great Call 231	hobbled start, back	8
21Mar14 9OP	ft	1m50	:4753	1:1297	1:4061	31	Clm 7500nw3/L	50	69	6	912	911	983	872	43	Totm K S	120	FL	4.50	Jones Destiny 1201	Sacred Spirit 1241	Lenapah 1241	swung w/4 stride late	9
07Mar14 4OP	ft	1m50	:4827	1:1349	1:4134	31	Clm 7500nw3/L	38	69	3	1212	1211	1010	45	213	Totm K S	117	FL	53.90	Lawyer Gabel 1711	Fate's Right Hand 1171	My Tip 1171	willingly thru traffic	12
11Oct13 9Ded	ft	1m40	:4805	1:1353	1:4026	31	Alw 4200nw3/L	60	40	3	43	513	983	1019	10233	Larosa J A	120	L	23.30	Request a Arch 1790	Knobbingbelanka 1201	Knobbingbelanka 1171	steady fade	10
06Sep13 3Lad	fm	17020	:4719	1:1297	1:2976	31	Clm 25000 (25-20)nw3/L	52	59	6	5	67	56	610	6151	Larosa J A	118	L	5.70	Uma Mask 1151	Galveston Harbor 1141	Palm Road 1171	broke cart, trailed	5
15Aug13 4Lad	ft	5820	:2236	:4545	1:0473	31	Alw 28500nw3/L	--	47	2	6	614	613	614	6101	Kolner J	1163	BL	16.80	Uplysprilypny 1111	Don't Mch 1111	Knobbingbelanka 1121	squeezed start, trailed	6
21Jan13 7OP	ft	1m30	:4773	1:1293	1:3844	41	Acc 32000nw2/x-N	64	80	8	75	813	893	912	7151	Santana, Jr. R	119	BL	42.60	Cydr Secret 1711	Unstoppable 1171	On the loose Agin 1191	Sw 7/8, no rally	10
30Dec12 9FG	ft	17020	:4914	1:1506	1:4488	31	Alw 47500nw1/x	66	61	8	47	31	411	711	715	Riquelme J	114	BL	11.60	Conf Sinner 1191	Scat About 1171	Stinking Creek 1221	3wide turns, empty	9
Workouts:	0 Jun 14 Lad 4F ft :49.3b 16/44	24 May 14 Lad 4F ft :48.2b 5/36	3 May 14 Lad 4F ft :48.3b 6/46	26 Apr 14 Lad 4F ft :50.1b 31/60																				

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Owner: [Redacted]
Trainer: [Redacted]

B.g.5 Hard Spun-Meadow Flyer by Meadowlake
Bred in Kentucky by Trackside Farm & Liberation Farm (Apr 26, 2009)

09May14 6Prm	ft	17032	:5032	1:1509	1:4515	31	Clm 7500 (7.5-5)nw2/L	31	67	3	541	421	32	45	4111	Laviolette S	120	bBL	*1.10	Hornet12023Gold Rock12033De Enforcer1205	never menaced	6
24Apr14 2Prm	mys	17032	:4774	1:1320	1:4351	31	Clm 7500nw2/L	65	84	1	651	641	511	21	241	Laviolette S	123	bBL	*1.80	He Be Somethin1234Wound Up1233Hornet1232	rallied 4 wide	6
30Mar14 5OP	ft	17050	:4776	1:1347	1:4636	31	Wcl 10000 (10-7.5)nw2/L-69	81	2	993	973	921	26	221	Court JK	121	bl	4.50	Sanny's Bnd1172Wound Up1213Wrens Temptation117nk 6w 1/4, willing 2nd		10	
09Mar14 4OP	ft	17050	:4809	1:1368	1:4655	31	Clm 12500 (16-12.5)nw2/L65	86	8	881	87	831	55	331	Court JK	117	bl	14.00	Tour de Rock1161Langfurs Lightning1182Wound Up1173rallied for show		8	
15Feb14 3OP	ft	17050	:4845	1:1369	1:4677	41	Clm 7500nw2/L	61	80	6	911	661	54	27	271	Court JK	116	bl	31.30	Great Call1197Wound Up1162Hornet1161	floated out 7w 1/4	10
17Jan14 7OP	ft	17050	:47	1:1312	1:4849	41	Clm 7500nw2/L	62	66	9	1012	1014	914	881	541	Court JK	116	bl	17.90	Lenapah1162Heavenly Shloh1223Great Call1222	modest late interest	11
14Dec13 6TP	ft	17034	:4897	1:1361	1:4637	31	Clm 7500nw2/L	45	64	1	85	87	761	810	9153	Contreras A L	121	bl	63.20	Plain Tales1204Camelot1212Kinzig1211	saved ground, empty	12
15Nov13 3CD	ft	17034	:5027	1:1601	1:4843	31	Clm 7500nw2/L	---	---	6	917	920	925	947	9791	Canchano A	122	fl	59.10	Courtmaster1191Baltersan1221Grand Harbor1191	outrun	9
07Oct13 4Ind	gd	17028	:4807	1:1367	1:4628	31	Clm 6000nw2/L	38	52	1	1011	1012	912	513	5183	Sanjur S	1175	fl	17.40	On My On Vol1191Sweet Alexander1221Astonish1225	improved position lane	10
13Sep13 10CD	ft	1m34	:4715	1:1304	1:3862	31	Clm 7500nw2/L	43	64	8	1091	991	993	591	583	Sanjur S	1157	fl	12.40	Major Hope1223Dehere On Tour1191Half Wed1222	4 wide 1/4 pl	10
Workouts(s):		5 Feb 14 OP 3F my :39.2b 5/6					15 May 13 Cdt 4F ft :53.3b 11/11					17 Feb 13 TP 4F ft :50.2b 9/11					20 Jan 13 TP 5F ft :1:02b 6/18					

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